



104 Byron Street South Whitby ON L1N4P4  
905.217.0664 www.twistwhitby.com

**Winter 2012 PROGRAM REGISTRAION FROM Jan 9 April 1, 2012**

<b>Full Name</b>			
<b>Street Address</b>			
<b>City</b>	<b>Province</b>	<b>Postal</b>	
<b>Home Phone</b>	(     )     -	<b>Cell: (     )</b>	-
<b>E-mail</b>		<b>Fax: (     )</b>	-
<b>How did you hear about us?</b>			

**TWIST CONDITIONING YOUTH AND ADULT CONDITIONING PROGRAMS**

Session	Program	Day	Time
1.			
2.			
3.			
4.			

Program Fees	Your Fees
<b>ADULT PROGRAMS X 12* Weeks 1 @ \$360, 2 @ \$600, 3 @ \$720 4+TBC</b>	=
<b>TFB/TFL 1 @ \$240, 2 @ \$432 3 @ \$540 4+ TBC</b>	=
<b>Subtotal</b>	
<b>YOUTH PROGRAMS</b>	
<b>SPORT SPECIFIC PROGRAMS 1 @ \$360, 2 @ \$600, 3 @ \$720</b>	=
<b>ATHLETE DEVELOPMENT PROGRAMS 1 @ \$288 2@\$240 3@\$648</b>	=
	-
<b>Earlybird Renewal Discount (\$50) For TFL/TFB (\$25) *Dec 9</b>	-
<b>STAT Holidays (Family Day), Credits OR delayed start</b>	-
<b>Intro to Sport Free before Dec 23<sup>rd</sup> or \$50 (\$85 Value)</b>	-
<b>Family Discount 3<sup>rd</sup>+ athletes 50%</b>	-
<b>SubTotal</b>	=
<b>Plus HST (13%)</b>	+
<b>GRAND TOTAL</b>	=

Visa/Mastercard: \_\_\_\_\_ Expiry. \_\_\_\_\_ Verification #: \_\_\_\_\_

Cheque - \*If you are paying by cheque please mail or drop at the facility with your registration form

**TERMS & CONDITIONS - Please read carefully**

- All participants must submit an **Intake and Par-Q form** available from the centre or online at [www.twistwhitby.com](http://www.twistwhitby.com)
- **CANCELLATION/REFUND POLICY**
  - 1) Written Cancellation 14 calendar days prior to start date of program= Full refund minus 10% administration fee of full price paid.
  - 2) Inside 14 calendar days prior to start date - Refund less 20% administration fee of full price paid.
  - 3) No refund once program has commenced. In the case of an injury or major illness, the participant will be granted a credit for future sessions.
- **SESSION POLICY**
  - 1) All sessions must be paid in advance before training begins. Payment plans are available subject to approval.
  - 2) All sessions will begin at the scheduled time. No refund or credit will be granted for missed sessions.
  - 3) You agree to inform your coach of any conditions or changes in your health at any time while participating in the Program, which might affect your ability to train safely and with minimal risk of injury.
  - 4) Missed sessions can be substituted with another session or program based on availability.

I agree to the above terms: **Name:** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_