



DELIVER RESULTS™

TWIST SPORT PERFORMANCE & FUNCTIONAL FITNESS SUMMIT

Toronto- Pre-Summit Events Oct 23rd-24th and Summit- October 25th, 2009

Full Name				Organization		
Street Address						
City			Province			Postal Code
Phone				Fax		
E-mail						
Occupation	Personal Trainer	Strength and Conditioning Coach	Coach	Sport Med	Other	
Gender	Male	Female	Education			

PRE- SUMMIT OCTOBER 23RD & 24TH, 2009

Course	Time	Cost (+GST)	X
Burlington Workshops			
Essentials of Training Young Athletes	Friday Oct 23 rd 7:00pm-9:00pm	\$40	
Complete Conditioning for Ice Hockey	Saturday Oct 24 th 1:00pm-3pm	\$40	
Develop Athleticism for Sport Success	Saturday Oct 24 th 5pm-7pm	\$40	
Whitby Workshops			
Complete Conditioning for Ice Hockey	Friday Oct 23 rd 7:00pm-9:00pm	\$40	
Discover the Athlete Within	Saturday Oct 24 th 1pm-3pm	\$40	
Soccer Specific Conditioning	Saturday Oct. 24 th 3:30pm-5:30pm	\$40	
Subtotal			

SUMMIT OCTOBER 25TH, 2009

Registration	Cost (+GST)	X
Early Bird (4 weeks prior)	\$149	
Regular Registration (within 4 weeks, prior to 2 weeks)	\$179	
Regular Registration	\$179	
Last Minute Registration (With 1 week)	\$199	
On Site Registration	\$209	
Group Registration (5 Registrants)	\$675 (\$135 each)	
Group Registration (10 Registrants)	\$1260 (\$126 each)	
Subtotal		
Pre-Summit Total		
Summit Total		
GST (5%)		
TOTAL		

PAYMENT OPTIONS

Payment Method (Visa/MasterCard) _____

Expiry _____ / _____

Verification Number (3 numbers on the back of the card) _____

If a registrant has chosen not to attend a workshop/summit, they may cancel their registration providing the cancellation is received in writing at least 2 weeks prior to the published summit. Registrants who cancel their registration prior to the 2 week deadline will be charged a \$25 (+ applicable taxes) cancellation fee. REFUNDS WILL NOT BE ISSUED LESS THEN TWO WEEKS PRIOR TO The Summit or Workshop Dates.